



Satish Gupta, a celebrated artist and painter has recently released his book 'Centering Awareness'. MillionaireAsia steals a look at what the book is all about.

Mystic Art

Inspired by Zen philosophy, Gupta's book, 'Centering Awareness' brings out his inner calmness. An original copper sculpture of the Shivling, especially designed by the author, beckons the readers to delve further into it. Gupta goes on to unfold the inception of this book. "It started as a portfolio on my sculpture of Shiva but as I delved deeper into the creation, into the thought process involved, the inspiration, the things that I had seen, heard or sensed, some on immediate recall, some buried deep into my consciousness, they took on a life of their own and grew into this book..."

Gupta further talks about the concept behind his Shiva's sculpture, the legends surrounding Shiva and how he has incorporated them in his sculpture. The sculpture weighs more than half a ton and is 12 feet tall. It is composed of over 15000 square pieces of copper of about an inch to two inches square in size and welded together. Gupta used copper "because it is a noble metal with warmth which ages gracefully."

He talks about his feelings and efforts while creating the sculpture. The book goes on to show photographs of the sculpture from various angles and different sections of the sculpture. The sculpture also has a hint of Buddha since Gupta finds the Zen and Shiva's philosophy similar.

Another chapter 'Shiva's Moons' explains an installation made by Gupta. Shiva's Moons is an installation of three sculptures in copper, brass, stainless steel, shells with lamp, water and electric motor. It depicts Shiva's process of creating, preserving, destroying and re-creating. It has roots again in the Zen philosophy and is thematically linked to Gupta's sculpture of Shiva.

Celebrated art critics like Sushma Bahl, Aasim Akhtar and Ravi Khanna have also contributed in the book. They talk about Gupta's magnanimous sculpture, his other works and his life.

One of the chapters, 'The Intimate Satish Gupta', by Rajeev Gupta, a Delhi-based graphic designer and Satish's nephew, shares Gupta's long journey as an artist. "Satish

continues to amuse and inspire me. He is aware of his path and he is not afraid of pain anymore. He does not claim to be a saint and enjoys the finer things of life, more to savour the pure experience than as a predilection for luxury," writes Rajeev Gupta.

The section 'Zen', has short stories by the author, each themed around enlightenment, consciousness and the web of life. The book not only talks about Gupta's art and life, but unconsciously transforms your life in the process. It changes the way you look at life and how you deal with it. The book is not only a visual treat, but an instrument through which your soul is rattled and finally, set free. ■

Centering Awareness – Satish Gupta

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16.5"x11.7", 252 pages

All colour, imported fine paper.

Encased in gift box with embossed gold leaf.

A deluxe, limited edition of only 700 copies, each personally signed and numbered by the artist. The box includes specially mounted original copper sculpture and four large format, exclusive art prints.

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